

CT17 – Breathing Space

Breathing Space is a flexible leisure scheme which was started in May 1994 in order to meet the needs of people with a learning disability, who live in the districts of Hambleton and Richmondshire. It is an independent organisation managed by a volunteer committee. Membership of Breathing Space is open to anyone who is 18 years of age or over and supports the aims of the scheme.

AIM:

To enable people with Learning Disabilities who are 18 years of age, or over, to develop their ability to pursue leisure activities. Individual and informal groups may be assisted, where possible, to join in with established community and recreational activities to develop support to carers of people with learning disabilities by enabling the person, for whom they care, to take part in enjoyable activities away from their homes at weekends and on evenings. We have our own minibuses, both of which have a wheelchair lift and full seatbelts. We also use private cars and other minibuses as required.

Contact us
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